

# canxida | REBUILD (FORMULA RBD)



## COMPREHENSIVE FORMULATION OF ESSENTIAL VITAMINS AND MINERALS FOR IMMUNE STRENGTH TO AID RECOVERY AFTER CANDIDA.

Pathogenic fungi from a genus called Candida are responsible for mild and severe diseases<sup>1</sup>. Candida can deplete our body of nutrients, making it difficult for our immune system to eliminate them effectively. Furthermore, Candida overgrowth in the gut can make us sensitive to some foods and crave others. This can lead to an unbalanced diet, leaving us lacking the essential nutrients we need to thrive. CanXida Rebuild (Formula RBD) contains broad coverage of essential vitamins and minerals that replenish our system, helping our bodies fend off Candida\* and cover our nutritional bases<sup>2</sup>.

At CanXida, our recognized expertise in gut health and clinical know-how enabled us to create a formulation that balances strong doses of important nutrients like Vitamin C and zinc with trace elements such as chromium and molybdenum that you won't find in cookie-cutter multivitamin supplements. We also designed CanXida Rebuild (Formula RBD) with 9 antimicrobial herbs to help maintain gut balance. With its simple and safe tablet formulation, CanXida Rebuild (Formula RBD) fits easily into any lifestyle or treatment regimen.

### FEATURES

- Clinician formulated based on 30 years of experience to meet patient needs.
- No Artificial Sweetener
- Non-GMO
- Dairy-Free
- Soy-Free
- Sugar-Free
- US-made
- Gluten-Free
- Egg-Free
- No Artificial Colors
- 100% Natural
- No Artificial Flavors

### BENEFITS

**NUTRITIONAL COVERAGE** - 32 bioactive vitamins, minerals, and trace elements ensure optimal nutrition, essential for individuals with sensitive digestion and cravings.

**ANTIMICROBIAL** - 9 antimicrobial herbs help maintain balance in the digestive tract, keeping harmful microbes, like Candida, at bay\*.

**IMMUNE SUPPORT** - The immune system requires vitamins and minerals for proper function. CanXida Rebuild (Formula RBD) provides these nutrients and more.

**DESIGNED FOR PROLONGED USE** - CanXida Rebuild's (Formula RBD) gentle formulation ensures minimal or no digestive discomfort, meaning the benefits can be enjoyed long-term.

**EASY-TO-SWALLOW** - A formulation that is easy to swallow improves comfort and adherence, meaning users get all the benefits without any discomfort.



## WHO IS IT FOR?

CanXida Rebuild (Formula RBD) is tailored for a broad userbase which covers all age groups and includes those seeking relief from Candida, those recovering from an infection, and individuals seeking optimal nutrition.

## INDIVIDUALS DEALING WITH OR RECOVERING FROM CANDIDA:

Candida depletes our bodies of nutrients through several mechanisms<sup>2</sup>. CanXida Rebuild (Formula RBD) helps replenish these nutrients, helping restore energy levels and letting our immune system fight Candida with full force\*.

## THOSE LOOKING FOR ESSENTIAL NUTRITIONAL COVERAGE:

With so much information out there about what to eat and what to avoid, it's nice to rely on simple, time-tested truths: vitamins and minerals are essential for our health. CanXida Rebuild's (Formula RBD) nutritional coverage ensures health-conscious individuals are getting what they need to flourish without worrying about the details.

## OLDER ADULTS:

Reports suggest that older adults are not getting the nutrients they need, either because the foods they eat are not varied enough or because of insufficient food intake<sup>3,4</sup>. CanXida Rebuild (Formula RBD) is an easy-to-take formula that helps cover nutritional bases while avoiding digestive discomfort.

## FREQUENT TRAVELERS:

Late nights and early starts can put pressure on our immune system. This, combined with airport waiting lounges, packed flights, and unfamiliar food, can leave our bodies open to infection. CanXida Rebuild (Formula RBD) has all of the essential nutrients to keep the immune system strong, letting frequent travellers enjoy their journeys.

## YOUNG ADULTS EXPLORING HEALTH CONSCIOUSNESS:

Some dietary supplements are experimental and not backed by science. The vitamins and minerals in CanXida Rebuild (Formula RBD) are all backed by decades of research, making this formula a safe and effective option for young adults looking to explore health supplements<sup>2</sup>.\*



## HOW CANDIDA DEPLETES NUTRIENTS

### DIETARY CHANGES:

Candida is known to make us crave certain foods; sometimes, these are exactly the types of food Candida uses to grow. Conversely, Candida can generate significant digestive problems, which are exacerbated by certain food types. When combined, these factors mean Candida overgrowth causes dietary imbalances that leave us feeling depleted and without the resources to mount an effective immune response<sup>2</sup>.

### NUTRIENT SCAVENGING:

Several reports have implicated Candida in stealing nutrients from our cells. Candida loves glucose, and unfortunately, many of our immune cells need it to function. By sequestering glucose, Candida can stop our immune cells from functioning and give itself an environment to grow<sup>5</sup>. Candida can also steal iron from red blood cells, as well as scavenging magnesium, potassium, and zinc from our food intake<sup>2</sup>.

### EPITHELIAL DAMAGE:

Many of the nutrients we need for a functioning immune system are absorbed through the lining of the small intestine<sup>6</sup>. Candida can directly attack this lining, which is known as the epithelium, cause inflammation and disrupt nutrient absorption. Candida can also invade our bodies through this lining, underscoring the need to strengthen our immune system<sup>1</sup>.



<b>SUPPLEMENT FACTS</b>
Serving Size: <b>1-2 Tablets</b> Servings Per Container: <b>60</b>

**DOSAGE GUIDE**

The standard dosage for CanXida Rebuild (Formula RBD) is 1-2 tablets/day.  
 CanXida Rebuild (Formula RBD) has sustained release; tablets are best taken with food and can also be blended into food.  
 1-2 months minimum treatment is recommended to build up health, but CanXida Rebuild (Formula RBD) can be taken for a prolonged period of time for healthy gut maintenance.

Amount per serving		%DV
Vitamin A (as Palmitate & Beta-Carotene)	3000 mcg RAE	333%
Vitamin C (as Ascorbic Acid)	500 mg	556%
Vitamin D (as Cholecalciferol)	1.25 mcg	6%
Vitamin E (as d-Alpha Tocopheryl Succinate)	67 mg	447%
Thiamin (as Thiamin HCl)	25 mg	2083%
Riboflavin	20 mg	1539%
Niacin (as Niacin & Niacinamide)	70 mg NE	438%
Vitamin B6 (as Pyridoxine HCl/Pyridoxal 5'-Phosphate Complex)	20 mg	1176%
Folate (as Folic Acid)	416 mcg DFE (250 mcg Folic Acid)	104%
Vitamin B12 (as Cyanocobalamin)	50 mcg	2083%
Biotin	150 mcg	500%
Pantothenic Acid (as d-Calcium Pantothenate)	150 mg	300%
Choline (from Choline Citrate/Bitartrate)	10 mg	2%
Calcium (from Calcium Citrate/Ascorbate)	150 mg	12%
Iron (as Ferronyl)	0.75 mg	4%
Magnesium (as Magnesium Aspartate/Ascorbic)	150 mg	36%
Zinc (as Zinc Aspartate)	10 mg	110%
Selenium (as Selenomethionine)	100 mcg	181%
Copper (as Copper Amino Acid Chelate)	1 mg	111%
Manganese (as Manganese Aspartate)	7.5 mg	326%
Chromium (as Chromium Picolinate)	100 mcg	285%
Molybdenum (as Molybdenum Glycinate Chelate)	25 mcg	56%
Potassium (Potassium Aspartate)	37.5 mg	<1%

CanXida Proprietary Blend:	400 mg	†
Gum Mastic, Goldenseal Root, Slippery Elm Bark, Ginger Root, Cinnamon Bark, Thyme (Leaf & Flower), Rosemary (Leaf & Flower), Chamomile (Flower/German), Anise Seed, Betaine HCl, Glutamic Acid HCl		
Citrus Bioflavonoid	50 mg	†
PABA	25 mg	†
Inositol	12.5 mg	†
Boron (as Boron Citrate)	1 mg	†
Trace Elements (from Sea Vegetation)	100 mcg	†
Vanadium	12 mcg	†

<b>OTHER INGREDIENTS</b>
Croscarmellose Sodium, Microcrystalline Cellulose, Magnesium Stearate, Silicon Dioxide, Stearic Acid
<b>DIRECTIONS</b>
Take 2 tablets with food or as directed as your healthcare provider.

**STORAGE**

Store in a cool, dry place with the lid tightly closed and avoid excessive heat. Keep out of reach of children. Do not use if the safety seal is damaged or missing.



Table 1: Complete list of ingredients in CanXida Rebuild (Formula RBD).

SENSITIVITY LEVEL	STARTING DOSE	GUIDANCE FOR INCREASING THE DOSE	TIMING
<b>SUPER SENSITIVE</b>	1/8 Tablet	Take for 3 days. If well tolerated, double the dose until you can take 1/2 tablet, then move to 'sensitive' dosage.	Breakfast or dinner
<b>SENSITIVE</b>	1/2 Tablet	Take for 3 days. If well tolerated, increase to 1/2 tablet 2x/day for 3 days, then increase to 1 tablet/day for 3 days, then increase to 'normal' dosage.	Breakfast and/or dinner
<b>NORMAL</b>	1 Tablet 2x/day	Take for 3 days. If well tolerated, increase to 1 tablet 3x/day.	Breakfast and dinner and/or lunch

**CANXIDA REBUILD (FORMULA RBD) MECHANISM OF ACTION**

CanXida Rebuild's (Formula RBD) vitamins and minerals are backed by decades of scientific research and support broad and specific immune functions.

**IMMUNE CELL ACTIVATION AND FUNCTION:**

T-cell, and B-cells are among the primary effectors of the immune response<sup>7</sup>. Many ingredients in CanXida Rebuild (Formula RBD) are required for the activation and function these cells<sup>2</sup>. These essential nutrients include:

- Vitamin A
- Folate
- Iron
- Selenium
- Potassium
- Thiamin
- Vitamin B12
- Magnesium
- Copper
- Boron
- Riboflavin
- Biotin
- Zinc
- Chromium
- Vandium

**TISSUE REPAIR:**

Pathogens, and the immune response to them, can lead to tissue damage. This can cause irritation at the site of infection, such as on the skin and in the gut<sup>8</sup>. Collagen is an essential component of many tissues and is required for repair and maintenance after injury<sup>9</sup>. Vitamin C increases the abundance of collagen through two distinct mechanisms and is commonly administered to patients with infections<sup>10,11</sup>.

**ANTI-INFLAMMATION:**

As important as having a robust immune system is, it is equally important to be able to switch off the immune response once the pathogen has been cleared. Autoimmune diseases like Crohn's disease result from inappropriate immune activation<sup>12</sup>. The strong doses of Vitamin D, niacin, riboflavin, chromium, and vanadium in CanXida Rebuild (Formula RBD) give this formulation strong immunomodulatory effects, which help reduce the inflammation caused by Candida while supporting appropriate immune function\*<sup>2</sup>.

**HOW DOES IT COMPARE TO COMPETITORS?**

	CANXIDA RBD	COMPETITOR A	COMPETITOR B	COMPETITOR C	COMPETITOR D	COMPETITOR E
Vitamin A	✓			✓		
Vitamin B6	✓					
Vitamin B12	✓					



HOW DOES IT COMPARE TO COMPETITORS?

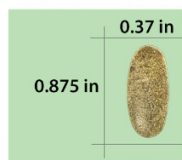
CANXIDA PROPRIETARY BLEND	CANXIDA RBD	COMPETITOR A	COMPETITOR B	COMPETITOR C	COMPETITOR D	COMPETITOR E
Vitamin C	✓			✓		
Vitamin D	✓					
Vitamin E	✓			✓		
Thiamin	✓					
Riboflavin	✓					
Niacin	✓					
Folate	✓					
Biotin	✓					
Pantothenic Acid	✓					
Choline	✓					
Calcium	✓			✓		
Iron	✓					
Magnesium	✓			✓		
Zinc	✓		✓			
Selenium	✓					
Copper	✓					
Manganese	✓					
Chromium	✓			✓		
Molybdenum	✓					
Potassium	✓					
Citrus	✓					
PABA	✓					
Inositol	✓					
Boron	✓					
Trace Elements	✓			✓		
Vanadium	✓					

HOW DOES IT COMPARE TO COMPETITORS?

	CANXIDA RBD	COMPETITOR A	COMPETITOR B	COMPETITOR C	COMPETITOR D	COMPETITOR E
Gum Mastic	✓					
Goldenseal Root	✓			✓		
Slippery Elm Bark	✓					
Ginger Root	✓					
Cinnamon Bark	✓		✓	✓		✓
Thyme	✓		✓			
Chamomile	✓					
Anise Seed	✓	✓				
Rosemary	✓		✓			
Betaine HCl	✓					
Glutamic Acid HCl	✓					

WARNING AND PRECAUTIONS:

Do not take this product if you are pregnant or nursing. Consult your healthcare professional before taking this product if you are trying to conceive, take any pharmaceutical medications or have a medical condition. Stop if you experience pain, or have any adverse effects such as loose stools or diarrhea.



IF YOU HAVE ANY QUESTION, CONTACT US AT:

<https://www.canxida.com/contact>

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

## REFERENCE LIST

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