

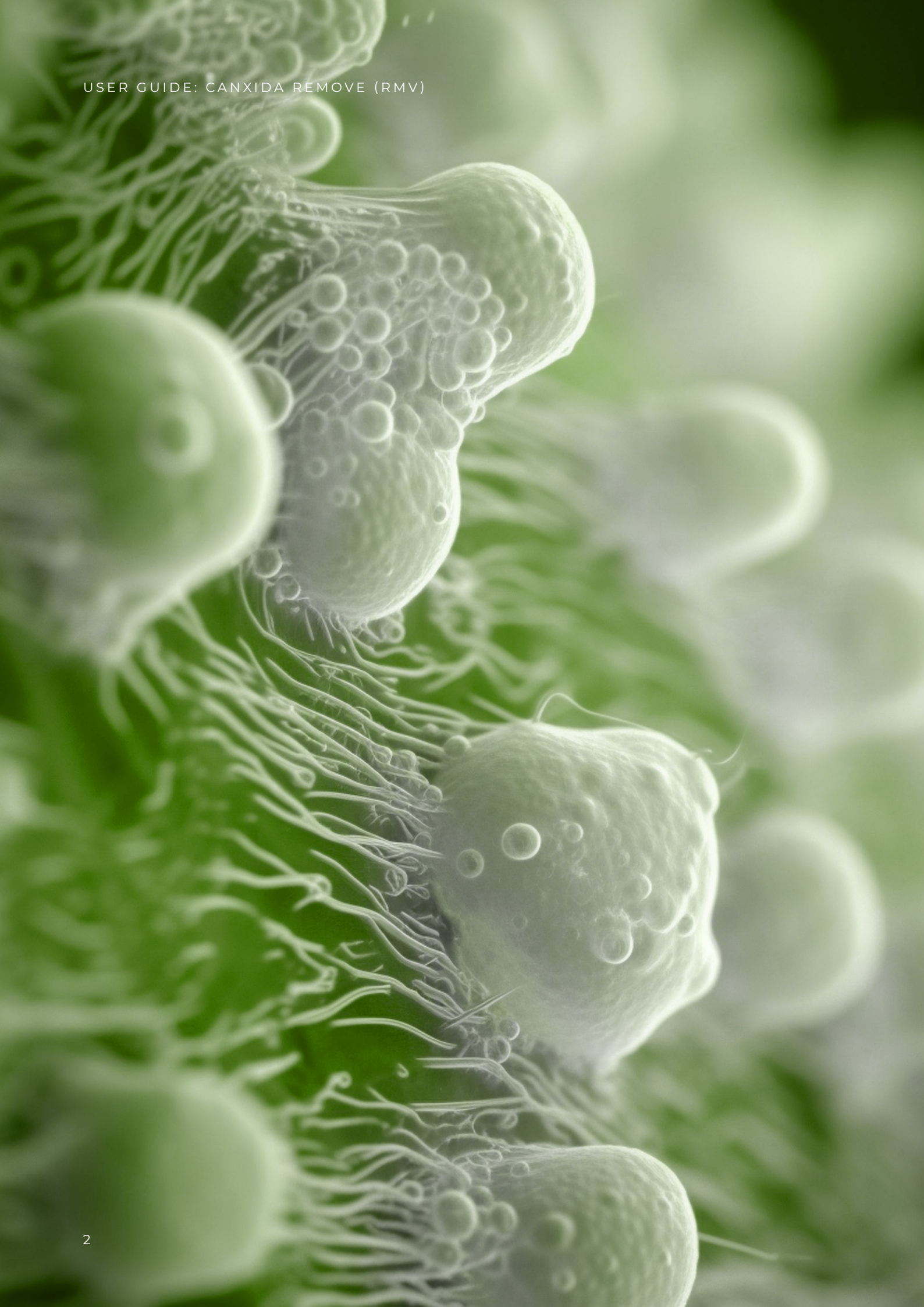


canxida

USER GUIDE

CanXida Remove (RMV)

www.canxida.com



THE PROBLEM: **CANDIDA INFECTION OR CANDIDIASIS**

Candidiasis is an infection caused by a genus of yeast known as Candida. Normally, Candida lives on the skin and in the body without causing any problems. However, an overgrowth or imbalance of Candida in the body can lead to candidiasis ¹.

The risk of developing a Candida infection is increased by hormonal changes (such as taking oral contraceptives), high sugar and/or alcohol intake, high stress levels, diabetes, a weakened immune system, and certain medications such as antibiotics ²⁻⁷.

Candidiasis can occur in the mouth, throat, and esophagus, as well as the vagina (commonly known as vaginal thrush), and the gastrointestinal (GI) tract. Candida infection can lead to a range of unpleasant symptoms, including:

- GAS, CRAMPS, AND BLOATING.
- UNEXPLAINED CONSTIPATION, DIARRHEA, AND NAUSEA.
- STOMACH OR ABDOMINAL PAIN.
- VAGINAL THRUSH SYMPTOMS, INCLUDING ITCHING AND/OR BURNING, VAGINAL DISCHARGE, REDNESS AND/OR SWELLING, AND A YEASTY SMELL.
- RECURRING URINARY TRACT INFECTIONS (UTIS) AND ASSOCIATED SYMPTOMS.
- FUNGAL INFECTIONS, PARTICULARLY OF THE SKIN OR NAILS.
- ORAL YEAST INFECTION SYMPTOMS SUCH AS WHITE TONGUE, AND/OR REDNESS AND SORENESS OF THE TONGUE AND MOUTH.
- LACK OF ENERGY, FATIGUE, AND TIREDNESS.
- JOINT PAIN.

THE SOLUTION: **CANXIDA REMOVE (RMV)**

CanXida Remove is an advanced, 12-ingredient formula that has been developed based on robust scientific evidence to eliminate Candida infections, treat related symptoms, and restore normal, healthy gut function. CanXida Remove has the following key properties:

ANTIFUNGAL, ANTIBACTERIAL, AND ANTIPARASITIC PROPERTIES: CanXida RMV has antifungal properties that enable it to effectively eliminate all common Candida species including *Candida albicans*, *Candida tropicalis*, and *Candida krusei*, as well as over 150 other types of yeast including *Aspergillus*, *Trichosporon*, and *Rhodotorula*. In addition, it has antibacterial properties that render it effective against over 800 species of “bad” bacteria, including the common infection-causing bacteria *Escherichia coli*. Finally, its antiparasitic properties ensure it eliminates a broad spectrum of parasites including *Giardia duodenalis*, *Entamoeba histolytica*, and *Trichomonas vaginalis*.

SUSTAINED RELEASE: The sustained release formulation has been designed for slow release of the tablet over an extended period. RMV breaks down in the gut over a two to three hour period. This ensures the supplement is not metabolized and eliminated from the body before it has had its full intended effect, and enables effective targeting of the GI tract ⁸.

NON-TOXIC: RMV is a natural, herbal solution which renders it inherently non-toxic to adults and children and ensures it does not harm the beneficial bacteria of the gut microbiome. This allows it to be taken long-term and in high doses where required, for sustained support of the GI tract and gut-related immune function.

GLUTEN-FREE AND VEGAN-FRIENDLY: RMV’s formulation is both gluten-free and vegan-friendly, which ensures it can be taken by almost everyone, regardless of their dietary requirements.

RMV contains black walnut hull extract, which is tolerable to many people with nut allergies. However, if you have a nut allergy, you should consult a medical doctor before taking RMV.

USER GUIDE: CANXIDA REMOVE (RMV)



THE SCIENCE BEHIND THE INGREDIENTS

CanXida Remove contains the following 12 active ingredients, each with research-backed properties supporting their role in the effective elimination of Candida infections:

GRAPEFRUIT SEED EXTRACT (GSE): GSE has powerful antifungal properties and has been proven to effectively eliminate yeast by mitochondria-dependent apoptosis ⁹. GSE is also antibacterial; it disrupts bacterial cell membranes, causing them to burst ¹⁰.

BERBERINE HCL: Berberine has natural, broad-spectrum antimicrobial properties and has been shown to act synergistically with antifungals and antibiotics, enhancing their inhibitory effects ¹¹⁻¹³.

CLOVE: Eugenol is an essential oil derived from clove that has been shown to disrupt the integrity of the cell wall of *Candida albicans* ¹⁴, rendering it an effective antifungal agent.

GARLIC: Garlic contains allicin, a well-researched, potent, antimicrobial agent that has been proven to effectively kill numerous strains of bacteria and yeast including *Candida* species ^{15,16}.

CAPRYLIC ACID: Caprylic acid is a short-chain fatty acid, derived from coconut, that has been proven to perturb *Candida* membranes and inhibit growth ^{17,18}.

UNDECYLENIC ACID: Another fatty acid, derived from castor bean, undecylenic acid has also proven effective against *Candida albicans* ¹⁹. Undecylenic acid is also known to work well in combination with caprylic acid.

BETAINE HCL: Betaine HCl lowers the pH in the duodenum and ileum ²⁰, providing undecylenic acid with the optimal environment to exert its antifungal effects ²¹.

BLACK WALNUT HULL EXTRACT: Juglone is a tannin compound contained in black walnut that has been shown to effectively eliminate parasites and yeasts ²².

PAU D'ARCO: Also known as taheebo, this South American tree bark extract is thought to have antifungal effects as well as potent anti-inflammatory properties ^{23,24}.

NEEM: Neem leaf extracts have been shown to exert potent antifungal effects on a broad spectrum of Candida, Aspergillus and Microsporium yeast species ²⁵.

BIOTIN: Biotin has a role in regulating immune function ²⁶, which can help deal with Candida overgrowth ²⁷.

OREGANO OIL: Oregano oil is a potent antifungal agent that has been shown to effectively inhibit the growth of yeast including Candida species ^{28,29}.

RMV tablets also contain the following ingredients, which are crucial for the formation of tablets with extended-release properties, and have all been shown to be safe and effective at the concentrations used:

DICALCIUM
PHOSPHATE

MAGNESIUM
STEARATE

HYDROXYPROPYL
METHYLCELLULOSE



GUIDELINES FOR USE

For the best results, the following guidelines should be followed:

Take a tablet with food; RMV is best taken during (in the middle or at the end of) a high-protein meal or snack.

Take tablet(s) in the morning and/or at night.

Starting dose is dependent on stomach sensitivity.

See Table 1 for guidance on dosages.

SENSITIVITY LEVEL	STARTING DOSE	GUIDANCE FOR INCREASING THE DOSE	TIMING
Super sensitive	$\frac{1}{8}$ tablet	Take for 3 days. If well tolerated, double the dose until you can take $\frac{1}{2}$ tablet, then move to 'sensitive' dosage.	Breakfast or dinner
Sensitive	$\frac{1}{2}$ tablet	Take for 3 days. If well tolerated, increase to $\frac{1}{2}$ tablet 2x/day for 3 days, then increase to 1 tablet/day for 3 days, then increase to 'normal' dosage.	Breakfast and/or dinner
Normal	1 tablet 2x/day	Take for 3 days. If well tolerated, increase to 1 tablet 3x/day.	Breakfast and dinner and/or lunch

FREQUENTLY ASKED QUESTIONS

HOW WILL CANXIDA RMV HELP ME?

CanXida RMV has been developed to eliminate Candida infections, treat related symptoms, and restore normal and healthy gut function. CanXida RMV is antifungal, antibacterial, and antiparasitic to tackle all common Candida species including *Candida albicans*, *Candida tropicalis*, and *Candida krusei*, as well as over 150 other types of yeast including *Aspergillus*, *Trichosporon*, and *Rhodotorula*. In addition, it has antibacterial properties that render it effective against over 800 species of “bad” bacteria, including the common infection-causing bacteria *Escherichia coli*.

HOW QUICKLY WILL I SEE RESULTS AFTER STARTING TO TAKE CANXIDA RMV?

The time taken to see results varies depending on the severity of your symptoms, the length of time you have had a Candida infection, and the CanXida RMV dosage. In general, those with severe and/or chronic symptoms should see good results within 3 to 6 months of taking CanXida. Those on a higher dosage, i.e. 3 tablets per day, will see results faster than those taking only 1 tablet per day. Taking CanXida Remove at the same time as taking CanXida Restore may also reduce the time to results. Additionally, different symptoms will likely take different amounts of time to clear up.

HOW DO I KNOW WHEN I SHOULD INCREASE THE DOSE?

The dose should be increased in line with your reactions. The starting dose is dependent on the sensitivity of your stomach, but whatever dose you start on, you should take for 3 days. Then, if you have tolerated the dose and have not suffered from any adverse effects, you can increase the dosage to the next step up (see Table 1 for guidance), which should be taken for a further 3 days before the next increase. Continue doing this until you either reach the maximum dosage, or you no longer tolerate the supplement and suffer from any adverse reactions. If this happens, you should drop back down to your previous dosage. This will represent your maximum dosage.

HOW LONG DO I NEED TO TAKE CANXIDA RMV?

CanXida Remove can be taken for as long as you need. The natural, inherently non-toxic formula means it is safe to take long-term, or indefinitely if you need to. We would recommend that CanXida is taken until all of your candidiasis symptoms have been resolved, and for a maintenance phase after they have been resolved. During this maintenance period, you can take a reduced dose. The length of the maintenance phase is determined by the length of time you previously had candidiasis for and the severity of your symptoms. For example, if you have had a Candida infection with severe symptoms for over 5 years, and it takes a few months to get rid of with CanXida, we would recommend taking at least 1 tablet of RMV per day for 12 months after your symptoms have cleared up, to ensure full clearance of the infection and a sustained healthy gut and body.

IS CANXIDA RMV SAFE TO TAKE WITH OTHER MEDICATIONS?

RMV is generally safe to take in combination with other supplements and medications. However, if you are on any other medications, you should always consult your doctor before beginning to take a new supplement, to ensure no adverse reactions.

IS CANXIDA RMV SAFE TO TAKE WHILE I AM PREGNANT OR BREASTFEEDING?

CanXida Remove contains natural ingredients that are non-toxic and safe for both adults and children. However, if you are pregnant or breastfeeding, you should consult a medical doctor before beginning to take it.

IS CANXIDA RMV SAFE TO TAKE IF I HAVE A NUT ALLERGY?

The formulation of CanXida Remove consists of a small amount of black walnut hull extract. This is an extract from the hull of the nut, that is the dry outer covering located outside of the shell, and not the nut itself. Walnut hull extract is tolerated by many people who have nut and walnut allergies. However, if you have any kind of nut allergy, you should consult a medical doctor before beginning to take RMV.

IS CANXIDA RMV SUITABLE FOR VEGETARIANS OR VEGANS?

CanXida Remove contains no animal-based products and is suitable for both vegetarians and vegans.

IS CANXIDA RMV SUITABLE IF I FOLLOW A GLUTEN-FREE DIET?

Our formulation was designed to be entirely gluten-free, meaning it is safe and suitable for those with gluten intolerances or who follow a gluten-free diet.

WHAT IF I HAVE MORE QUESTIONS?

Contact your medical practitioner. More FAQs are available on the CanXida website and information about Candida infections and treatment is available on the CanXida YouTube channel.

The logo for CanXida features the brand name in a bold, dark blue, sans-serif font. The letter 'x' is stylized with a green dot above it and a green vertical bar to its right, creating a distinctive visual element.

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RESOURCES

The following resources can be used to obtain further reliable, science-backed information on candidiasis and CanXida RMV:

- Centers for Disease Control and Prevention – candidiasis guidance
- Scientific review of *Candida* infections and therapeutic strategies
- RMV product page
- CanXida YouTube channel